

HEATHCOTE HOUSE NURSERY SCHOOL

WEEKLY MENU (1)

Week Commencing:

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack with drink	Dried Fruit	Pineapple & Breadstick	Melon & Digestive	Malt Loaf	Apple Wedges & Ritz Cracker
Lunch	Spaghetti Bolognese Broccoli (Veg Bolognese) Baked Jam Sponge & Custard	Chicken Curry & Rice (homemade) Fresh Fruit Salad	Tuna & tomato Pasta Bake & Mixed Vegetables Baked Rice Pudding	Baked Ham & Pineapple, Peas, Boiled Potatoes Lemon Pie	Quiche Lorraine, Carrots, Sweetcorn Apple & Raisins with Cream
Afternoon Snack	Apple Wedges & Rich Tea	Cheese Spread on Crackers	Carrot sticks and Breadstick	Cheese & Apple	Pitta Bread & Marmite
Tea	Crudités: Cucumber sticks Baked beans with bread and butter Fresh Fruit	Crudités: Tomato Wedges Cheesy Pizza & Salad Fresh Fruit	Crudités : Courgette Jacket potato Yoghurt	Crudités: Red Pepper Cous Cous Fresh Fruit	Crudités: Mushroom Mixed Sandwiches Fresh Fruit