

HEATHCOTE HOUSE NURSERY SCHOOL

WEEKLY MENU (4)

Week Commencing:

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack with drink	Pear & Malted Milk Biscuit	Banana & Digestive Biscuit	Cheese & Cucumber	Orange & Breadstick	Pear & Digestive Biscuit
Lunch	Quiche, New Potatoes, Sweetcorn. Apple Cobble & Custard	Lasagne, Green Beans (Veg Lasagne) Fresh Fruit Salad & Cream	Fisherman's Pie Mixed Veg Shortbread Finger	Savoury Sausage Pie, Broccoli, Carrots (Veg. Casserole) Fruit Trifle	Chicken & Mushroom Casserole Rice Fresh Fruit
Afternoon Snack	Marmite Cream Crackers	Apple & Ritz Crackers	Humous & Pitta Bread	Cucumber & Cheese Spread	Carrot sticks & raisins
Tea	<u>Crudités:</u> Courgette Mixed Sandwiches Fresh Fruit	<u>Crudités:</u> Broccoli Savoury Muffins Fromage Frais	<u>Crudités :</u> Red Pepper Cous Cous Fresh Fruit	<u>Crudités:</u> Mushroom Vegetable stew Yoghurt	<u>Crudités:</u> Tomato Wedges Mixed Filling Pitta Bread Fresh Fruit