

HEATHCOTE HOUSE NURSERY SCHOOL

WEEKLY MENU (5)

Week Commencing:

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack with drink	Apple & Cheese	Orange segments and Raisins	Pear & Ritz Cracker	Banana & Raisins	Apple & Digestive
Lunch	Sausage Toad, Carrots & Broccoli Fresh Fruit	Lamb Cobbler, Cabbage, Creamed Swede (Vegetable Cobbler) Fresh Fruit	Cheese & Potato Pie Peas & Tomatoes Syrup Sponge & Custard	Haddock Macaroni Cheese, Carrots, Sweet Corn Rhubarb Crumble & Ice Cream	Chicken Fricassee with Noodles, Broccoli (Veg. Fricassee) Fresh Fruit
Afternoon Snack	Grapes & Breadstick	Cheese Spread on Crackers	Apple wedges & Rich Tea Biscuits	Orange segments & Breadstick	Grapes & Ritz Cracker
Tea	<u>Crudités:</u> Red Pepper sticks Tuna Muffins Fromage Frais	<u>Crudités:</u> Carrot Sticks Pesto pasta Pancake	<u>Crudités :</u> Broccoli florets Mixed Sandwiches Fresh Fruit	<u>Crudités:</u> Tomato Wedges Cous Cous Fresh Fruit	<u>Crudités:</u> Cucumber Sticks Pizza slices Flapjack